

Equipment Loan Program

Winter 2024



MUNICIPALITY *of the*
COUNTY *of* KINGS

Important Info



Available Items

Snowshoes (adult and child sizes): 60 pairs

Polar Skis: 6 sets

Adaptive Sled: 1 sled

Skate Aid: 4 units

Kicksled: 4 units (2 adults, 2 child)

How to Book:

Reservations by email: recreation@countyofkings.ca

Reservations by phone: 902-690-2130.

Bookings will only be taken during business hours, Monday to Friday from 8:30 a.m. and 4:30 p.m.

Pick Up & Drop Off Locations

Equipment items can be picked up and returned to the Municipality of the County of Kings Office located at 181 Coldbrook Village Park Drive, Coldbrook.

Items must be picked up during business hours, Monday to Friday from 8:30 a.m. and 4:30 p.m.

Loan Times

Loan times vary on item and availability.

Snowshoes:

- Block 1: February 15-March 4
- Block 2: March 8-March 25

Specialty Items:

- Block 1: February 15-February 28
- Block 2: February 29-March 13
- Block 3: March 14-March 27

User Supports

For the loan of the polar skis and adaptive sled, ice grips may be available as well. Ice grips allow walking on snow and ice terrain easier, especially while assisting others.

Snowshoes



Snowshoes

We are so lucky to live in a region with access to parks and trails that are beautiful places to snowshoe!

Snowshoes are specialized outdoor gear for walking over snow. Their large footprint spreads the user's weight out and allows them to travel largely on top rather than through snow. Adjustable bindings attach them to your own winter footwear.

We have a large fleet of lightweight snowshoes, made of plastic and metal, to make it easy for you to pop them on your boots and enjoy outdoor fun!

Sizes:

We have various adult and child sizes available; sizing determined by users weight range.

Loan Timeframe for Individuals & Families:

- Block 1: February 15-March 4
- Block 2: March 8-March 25

Loan Timeframe for Groups and Organizations:

- Please contact the office to arrange.

Cost: FREE!

User Tips:

- Remove snow, ice or slush from your boot and the snowshoe before putting them on.
- It may be necessary to re-tighten your snowshoe bindings a few minutes after you begin your walk, as trapped snow between the binding and your boot works its way out.

Great places to snowshoe:

- Harvest Moon Trail
- Black Rock Trails
- Soccer fields and community parks

Polar Skis



Polar Skis

We believe everyone should be able to access recreation year-round. Polar skis are interchangeable wheel attachments that convert your stroller, jogger, bike trailer, assistive device, or wheelchair (for humans and furry friends) into a snow and winter-ready ride.

Sizes:

4x4 Set

- Fits all 4-wheel strollers with a wheel diameter of 4"-14"
- Ski dimensions are 18" x 6 "
- Has a dual wheel feature to accommodate single or double-wheeled strollers.

Rx4

- 2 x adjustable wheel brackets to fit 5" - 14" diameter. Max 2.5" width
- 2 x adjustable wheel brackets to fit 5" - 22" diameter. Max 2.5" width
- Ski Size: 28" length x 3" width
- This ski set does not fit devices with all 4 wheels in direct alignment or dual wheels.

Rx3

- Perfect for devices with a front wheel and two back wheels.
- Ski Size: 28" length x 3" width
- For wheel size: 5" to 22"diameter. Max 2.5" width

Loan Timeframe:

- Block 1: February 15-February 28
- Block 2: February 29-March 13
- Block 3: March 14-March 27

Cost: FREE!

User Tips:

- Fit the binding inside before going outside. This will make it much easier when putting them on!
- Make sure the front wheels are locked when going through fresh or deeper snow. If the wheel is not locked, then the weight of the snow will turn the skis sideways.

Adaptive Sled



Adaptive Sled

Winter fun for everyone! We are so pleased to have this piece of equipment available that can allow older youth and adults to enjoy the thrills that winter has to offer.

Product Features:

- Tubular metal-grip yoke system that provides lateral protection for riders
- Two independently operated brakes
- Platform for a caregiver to join the fun
- Ergonomically shaped front and rear sections and incorporated footrests
- Padded seat, three safety straps, raised back support, headrest and steel runners.

Loan Timeframe:

- Block 1: February 15-February 28
- Block 2: February 29-March 13
- Block 3: March 14-March 27

Cost: FREE!

User Tips:

- For riders with good head, neck and trunk control.
- Additional rider supports may be added required.
- Helmets are encouraged, but not included in the loan.

Skate Aids



Skate Aids

We know skating happens in more places than arenas - community outdoor rinks, backyard rinks and lakes are all great places to skate! This piece of equipment helps young skaters keep their balance and learn the fundamentals.

Product Features:

- Supports the child for encouraging instant success on the ice
- Skate trainer improves balance and control while fostering proper skating posture
- Easy to assemble and portable
- Recommended for children ages 2 and up
- As with any learning aid proper supervision is required

Loan Timeframe:

- Block 1: February 15-February 28
- Block 2: February 29-March 13
- Block 3: March 14-March 27

Cost: FREE!

User Tips:

- Helmets should be worn while skating but are not included in the loan.

KickSleds



KickSleds

Kicksledding is perfect for a Nova Scotia winter! Kicksledding is an alternative to cross-country skiing for those who like a little more stability on snow or ice. It's also the perfect family sport! You can use it on compacted snow or ice. Kicksledding is fun for everyone since it's so easy to learn.

Product Features:

- 4 different sizes available for loan; sizing based on user height
- Folds nearly flat for easy transport and storage
- Plastic runners available for use on snow, steel blades for use on ice
- Option to ride in the seat

Loan Timeframe:

- Block 1: February 15-February 28
- Block 2: February 29-March 13
- Block 3: March 14-March 27

Cost: FREE!

User Tips:

- Helmets are recommended while using, but not included in the loan.
- Relax and keep your weight on your supporting foot - Don't put your weight on the kicking foot or on your hands.
- Adjust the tempo as you travel and stop and walk for a while if you need a break.

Other Items



Hippocampe Loan Program

The Annapolis Valley Regional Library has two hippocampes available to loan with necessary accessories!

To reserve call 902-538-2665, Monday to Friday, 8:30 a.m. – 4:00 p.m.

Winter in Kings Challenge

We challenge you to a winter in Kings Challenge: complete 90 hours of activity in 90 days- ends March 31st!

For more information, click [here](#) or visit,

www.countyofkings.ca/recreation

Additional Programs

Keep an eye open for Pop-Up Play Events and other opportunities to get out and have some winter fun!

Contact Us!

For reminders of programs and other opportunities, find us on

[Facebook at Municipality of Kings Recreation Services](#)

or e-mail us anytime at recreation@countyofkings.ca



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